



## DID YOU KNOW

- One in 5 Australians has a disability
- 1.3 million Australians live with a severe or profound disability
- At House With No Steps we support over 2000 people with a disability across 100 sites in New South Wales and Queensland

Our vision is to “enhance the lives of people with disabilities” by helping them live full, valued and visible lives within their local communities.

We strive to base all of our services around a true ‘person-centred’ planning approach, to ensure that our staff continually focus on the unique needs and desires of each individual client.

[www.hwns.com.au](http://www.hwns.com.au)

### For information please contact

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## Community Participation Sydney Region



Making the most of our abilities

[www.hwns.com.au](http://www.hwns.com.au)

House With No Steps services conform to the NSW Disability Services Act (1993)

0608



Making the most of our abilities

LIVING • WORKING • CONNECTING • LEARNING



## Helping people with disabilities make the most of their abilities

**Since 1962, House With No Steps has supported children and adults with an intellectual, physical, sensory and/or psychiatric disability to live, learn, work and connect in the community.**

House With No Steps provides a quality leisure support and training service to young people seeking to continue their learning pathways and to build skills for life.

Our *Community Participation Program* operates across the Sydney Region in conjunction with our *Transition To Work* and *Business Services Programs* that provide training and employment opportunities for people with a disability.

We take a true “person-centred” planning approach to ensure that our staff focus on the unique needs and desires of each individual client. Clients in the program have

an *Individualised Personal Plan (IPP)* developed in partnership with the individual, their family and/or carer and school advisors. Support and training can then be delivered in accordance to their plan.

House With No Steps also offers a range of certificate in-house training courses to clients who are interested in including study in their *Individualised Personal Plan*.

Our focus is to develop programs that ensure the client’s inclusion and integration within their group and the community and to assist them in building real independent living skills.

The *Community Participation Program* is for school leavers with a disability who require additional support and skills development to enhance their life choices as they move into adulthood.

The *Community Participation Program* operates 48 weeks a year with services designed to meet the needs of clients and their families.

Our activities include:

### LEISURE

- Arts and craft
- Swimming
- Yoga
- Soccer
- Music therapy
- Drama and dance
- Movies
- Library
- Coffee Club

### SKILL BUILDING

- Travel training
- Making new friends
- Money skills
- Hygiene
- Communication
- Independent living skills
- Self esteem development
- Health and fitness
- Sensory activities
- Body awareness
- Meal preparation