



## House With No Steps Respite Program

**Yes, I would like to discuss respite needs or receive further information about support available:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Preferred contact number: \_\_\_\_\_

Email address: \_\_\_\_\_

### I would like information on:

Centre Based Day Respite

School Holiday Entertainment Days

Overnight & Emergency Respite

Other support/respite services (specify)

\_\_\_\_\_

\_\_\_\_\_

**Please return slip to your local office.**



Making the most of our abilities

[www.hwns.com.au](http://www.hwns.com.au)

### NEW SOUTH WALES

#### HEAD OFFICE

P: 02 9451 1511 E: [enquiries@hwns.com.au](mailto:enquiries@hwns.com.au)

#### HUNTER REGION

P: 02 4941 8100 E: [hunter@hwns.com.au](mailto:hunter@hwns.com.au)

#### NORTHERN REGION

P: 02 6628 0610 E: [northernsw@hwns.com.au](mailto:northernsw@hwns.com.au)

#### SOUTHERN REGION

P: 02 4221 0300 E: [southernsw@hwns.com.au](mailto:southernsw@hwns.com.au)

#### SYDNEY

P: 02 9451 1511 E: [sydney@hwns.com.au](mailto:sydney@hwns.com.au)

#### WESTERN REGION

P: 02 6852 2399 E: [westernsw@hwns.com.au](mailto:westernsw@hwns.com.au)

### QUEENSLAND

#### GOLD COAST

P: 07 5593 8340 E: [queensland@hwns.com.au](mailto:queensland@hwns.com.au)

#### SUNSHINE COAST

P: 07 5471 0750 E: [queensland@hwns.com.au](mailto:queensland@hwns.com.au)

#### LOGAN

P: 07 3209 6300 E: [queensland@hwns.com.au](mailto:queensland@hwns.com.au)



# respite services

**For carers of  
people with a  
mental illness  
or a disability**



All regions of House With No Steps have achieved Certification to ISO 9001. This internationally recognised benchmark assures quality systems and procedures are in place in all areas of our operation.

The Wheelchair & Disabled Association of Australia ABN 31 001 813 403

# Looking for a break from the role of caring?

**Do you support or provide care for someone at home who has:**

- A severe or profound disability
- Mental Health support needs
- An intellectual disability

Taking a break means different things to different people and there may be options that you haven't thought about or considered.

## House With No Steps Respite Services

### Respite Programs

A range of respite options are currently available within Queensland and NSW areas for carers of people with an Intellectual Disability including Autism and/or a mental illness.

### What Kind of Respite can be provided?

The intent of the Respite Program is to be as flexible as possible in its approach to the carers support and need.

### Centre Based Respite including Community Access

Skill development and creative activities at HWNS centres or other venue/community group. Service is offered to clients 18+.

### School Holiday Respite

Fun and creative activities at the HWNS centre, community activities and camps held in various locations.

Service is offered 12 weeks a year to high school students with a disability.

### Overnight & Emergency Respite

Relax and enjoy a range of planned activities within one of our services.



## Did you know?

- One in 5 Australians has a disability
- 1.3 million Australians live with a severe or profound disability
- 1 in 5 Australian adults (in any year) will experience a mental illness in their lifetime

At House With No Steps we support over 2000 people across 100 sites in New South Wales and Queensland.

Our vision is to "enhance the lives of people with disabilities" by helping them live full, valued and meaningful lives within their local communities.

We strive to base all of our services around a true 'person-centred' approach, ensuring that our staff continually focus on the unique needs and desires of each individual.

To extend our range of services to the community, we now offer a broad range of Flexible Respite Options to provide eligible Carers with a break from the commitment of providing care and support.