



Since 1962 **House With No Steps** has been a leading provider of services for people with disabilities and their families.

We support over 2000 people with a disability across 6 regions operating 100 services and sites in New South Wales and Queensland.

House With No Steps is funded by the Department of Ageing, Disability and HomeCare to provide a Centre Based Respite Service to adults with an intellectual disability who live in the Tweed Ballina and Byron Local Government Areas.

House With No Steps is committed to supporting families and carers with a break from the life-long commitment of caring and supporting a person with a disability at home.

Eligibility for respite is assessed at the time of request and according to a priority of need. This includes responding to carer's requests for emergency respite as the need arises.

## DID YOU KNOW

- **One in 5 Australians has a disability**
- **1.3 million Australians live with a severe or profound disability**

For an information package please contact:

**HWNS Respite Project Co-ordinator**  
Po Box 9, Alstonville NSW 2477  
Phone: (02)66 28 0610 Fax: (02) 66 283718  
Email: [northernnsw@hwns.com.au](mailto:northernnsw@hwns.com.au)

**Office Hours**  
Monday to Friday  
8.30am – 4.30pm



Making the most of our abilities

[www.hwns.com.au](http://www.hwns.com.au)



All regions of House With No Steps have achieved Certification to ISO 9001. This internationally recognised benchmark assures quality systems and procedures are in place in all areas of our operation.

The Wheelchair & Disabled Association of Australia ABN 31 001 813 403

0808



**Centre Based Respite**  
Short term planned  
and emergency respite in  
overnight accommodation



Making the most of our abilities

## CENTRE BASED RESPITE – SHORT TERM PLANNED AND EMERGENCY RESPITE IN OVERNIGHT ACCOMMODATION.

**House With No Steps Centre Based Respite Program provides a range of short term respite options, including planned and emergency respite for families of people with an intellectual disability and complex support needs.**

Centre Based Respite offers alternate accommodation for a day, overnight or longer. Respite Care provides adults with disabilities the opportunity to spend time away from home with 24 hour professional care, whilst giving the primary care giver a much needed break.

The centre is open from Friday afternoon to Monday afternoon.

You may be eligible for Centre Based Respite Programs if:

- You are a carer who have a family member aged 18-64 years with an intellectual disability and complex multiple support needs

- You have limited access to other community support venues
- You are the sole carer of an adult with a disability
- You live within the Tweed, Ballina, and Byron Local Government Areas.

### WHO WILL BENEFIT FROM THIS SERVICE?

Outcomes for people accessing the centre include:

- Positive experiences, including the opportunity to socialise, make friends and participate in activities that are fun and enjoyable
- Increased Independence – the opportunity to make decisions and choices. Each person staying at the centre has an individual plan centred around their own goals and needs.

This is developed with families/carers/and advocates and is an integral part of the service

- An opportunity to participate in accessing community venues, and new experiences. Community access includes outings in the local community, as well as planned events including day trips.

